

HOT DRINKS

◆ Coffee Cream	4.50
◆ Americano	4.60
◆ Espresso	4.50
◆ Espresso Doppio	5.50
◆ Café Cortado	4.80
◆ Milk Coffee	4.80
◆ Cappuccino	4.80
◆ Flat White	4.80
◆ Latte Macchiato	5.20
◆ Cafe Mocha	5.50
◆ Iced Coffee	5.50
◆ Hot or Cold Chocolate	4.80
◆ Hot Homemade Lindt Chocolate	7.20
◆ Homemade Chai Latte	5.50
◆ Tea (ask staff for options)	4.50
◆ +Whipped Cream	+1.00
◆ +Homemade Caramel or Vanilla Sirup	+1.80

BREAKFAST 9-12

◆ Butter Croissant	1.80
◆ Butter Croissant with Butter & Homemade Jam	3.50
◆ Toasted Bread with Butter & Homemade Jam	4.50
◆ Bagel with Cream Cheese & Homemade Jam	6.00
◆ Plain Yoghurt with Homemade Granola, Fresh Fruit & Honey	9.50
◆ 1 Boiled Egg	3.00
◆ 2 Scrambled Eggs	7.50
◆ <u>Breakfast Burrito</u>	11.50
Scrambled Eggs, Black Bean Puree & Cheese	
◆ <u>Breakfast Combo</u>	23.50
Bread Basket, Butter, Homemade Jam, Yoghurt & Homemade Granola, Boiled or Scrambled eggs, your choice of hot beverage (cup) & fresh orange juice	
◆ Add ingredients to your breakfast burrito, toast, Breakfast combo or eggs	

+ Avocado **2.50**
+ Chorizo **2.50**

+ Bacon **2.50**
+ Cheese **2.00**
+ Toast **2.50**

HEISSE GETRÄNKE

◆ Kaffee Creme	4.50
◆ Americano	4.60
◆ Espresso	4.50
◆ Espresso Doppio	5.50
◆ Café Cortado	4.80
◆ Milch Kaffee	4.80
◆ Cappuccino	4.80
◆ Flat White	4.80
◆ Latte Macchiato	5.20
◆ Kaffee Mocha	5.50
◆ Iced Coffee	5.50
◆ Heisse oder Kalte Schokolade	4.80
◆ Heisse Homemade Lindt Schokolade	7.20
◆ Homemade Chai Latte	5.50
◆ Tee	4.50
◆ +Schlagrahm	+1.00
◆ +Homemade Karamel or Vanille Sirup	+0.80

FRÜHSTÜCK 9-12

◆ Butter Gipfeli	1.80
◆ +Butter oder Homemade Konfitüre	3.50
◆ Getoastetes Brot mit butter & Homemade Konfitüre oder Erdnussbutter	4.50
◆ Bagel mit Frischkäse oder Homemade Konfitüre	6.00
◆ Nature Yoghurt mit hausgemachter granola, frische fruchte & Honig	9.50
◆ 1 Frühstücksei	3.00
◆ 2 Rührei	7.50
◆ <u>Breakfast Burrito</u>	11.50
Rührei, Schwarzen Bohnenpüree & Käse	
◆ <u>Breakfast Combo</u>	23.50
Brotkorb, Butter, Homemade Konfitüre, Yoghurt mit Homemade Granola, Frühstücksei oder Rührei, Heissgetränk nach Wahl (Tasse) & Frischer Orangensaft	
◆ Fügen Sie Ihrem Frühstück bei:	

+Avocado	2,00	+Speck	2,50
+Chorizo	2,50	+Toast	2,50
+Käse	2,00		

DRINKS

SMOOTHIES & SOFT DRINKS

YOGI BEAR 9.50
Red Current, Blueberry, Raspberry, Banana, Puffed Amaranth & Almond Oil

TROPICAL 9.50
Mango, Pineapple, Ginger, Honey, Coconut Milk & Coconut Flakes

CITRUS BLAST 9.50
Grapefruit, Orange, Pomegranate, Lime Zest & Mandarin Oil

DETOX 9.50
Carrot, Beetroot, Green Apple, Kale, Celery, Cucumber & Hemp Oil

Vegan Protein +1.40
Chia Seeds +-0.50
Ginger +1.00
Maca Powder +1.40
Macha Powder +1.40

GINGER SHOT 4.00

WASSER DES TAGES 3DL/5DL 4.80/5.60

HOMEMADE ICE TEA 3DL/5DL 5.20/6.20

BEER

VALAISANNE LAGER (Valaisanne Sion: CH) 5.00
330 ML 4.8% Vol.

LANDBIER SWISS COUNTRY LAGER (White Frontier, Martigny: CH) 8.50
330 ML 5.2% Vol.

PETITE, GERMAN LAGER (White Frontier, Martigny: CH) 8.50
330 ML 4.7% Vol.

FWT: FREE RIDE WORLD TOUR (White Frontier, Martigny: CH) 8.50
330 ML 3.5% Vol.

TO BE KIND NEW ENGLAND IPA (White Frontier, Martigny: CH) 8.50
330 ML 6.0% Vol.

PILLOWS, SESSION WHEAT (White Frontier, Martigny: CH) 8.50
330 ML 4.0% Vol.

RUSSIAN IMPERIAL STOUT (White Frontier, Martigny: CH) 8.50
330 ML 12.0% Vol.

ERDINGER, HEFE WEIZEN (ERDINGER WEISSBRÄU:DE) 9.00
500 ML 5.3% Vol.

BULMERS, CIDER (Hereford:UK) 9.00
500 ML 4.5 % Vol.

*ASK OUR STAFF ABOUT OUR EVER CHANGING WINE MENU

GETRÄNKE

SMOOTHIES & HOMEMADE SAFT

YOGI BEAR 9.50

Johannisbeere, Blaubeeren, Himbeeren, Banane, Gepufftes Amaranth & Mandel Öl

TROPICAL 9.50

Mango, Ananas, Ingwer, Honig, Kokosmilch & Kokosflocken

CITRUS BLAST 9.50

Grapefruit, Orange, Granatapfel, Limetten Zitruschale & Mandarin Öl

DETOX 9.50

Carrot, Beetroot, Green Apple, Kale, Celery, Cucumber & Hemp Oil

Protein (Vegan) +1.40

Chia Seeds +0.50

Ginger +1.00

Maca Powder +1.40

Macha Powder +1.40

GINGER SHOT 4.00

WATER OF THE DAY 3DL/5DL 4.80/5.60

HOMEMADE ICE TEA 3DL/(5DL 5.20/6.20

BIER

VALAISANNE LAGER (Valaisanne Sion: CH) 5.00

330 ML 4.8% Vol.

LANDBIER SWISS COUNTRY LAGER (White Frontier, Martigny: CH) 8.50

330 ML 5.2% Vol.

PETITE, GERMAN LAGER (White Frontier, Martigny: CH) 8.50

330 ML 4.7% Vol.

FWT: FREE RIDE WORLD TOUR (White Frontier, Martigny: CH) 8.50

330 ML 3.5% Vol.

TO BE KIND NEW ENGLAND IPA (White Frontier, Martigny: CH) 8.50

330 ML 6.0% Vol.

PILLOWS, SESSION WHEAT (White Frontier, Martigny: CH) 8.50

330 ML 4.0% Vol.

RUSSIAN IMPERIAL STOUT (White Frontier, Martigny: CH) 8.50

330 ML 12.0% Vol.

ERDINGER, HEFE WEIZEN (ERDINGER WEISSBRÄU:DE) 9.00

500 ML 5.3% Vol

BULMERS, CIDER (Hereford:UK) 9.00

500 ML 4.5 % Vol.

*FRAGEN SIE UNSER PERSONAL NACH UNSEREM STÄNDIG WECHSELNDEN WEIN KARTE

BITES

SOUPS

SOUP OF THE WEEK

11.00

SALADS

GREEK SALAD

16.50

Cucumber, Tomato, Yellow Peppers, Beetroot, Olives, Feta, Pita Croutons, Olive Oil & Vinegar

QUINOA SALAD

22.00

Tricolore Quinoa, Black Beans, Yellow Pepper, Red Onion, Feta Cheese, Coriander, Mango, Avocado, Corn & Chipotle Vinaigrette

BURRITOS

BREAKFAST BURRITO

11.50

Scrambled Eggs, Black Bean Puree, Cheese & Pico de Gallo
+Avocado 2.- /+Chorizo 2.50/+Bacon 2.50

PULLED PORK BURRITO

19.00

Rice, Beans, Salsa, Sour Cream, Cheddar Cheese & Homemade Guacamole

VEGGIE BURRITO

19.00

Rice, Beans, Salsa, Sour Cream, Cheddar Cheese, Mushroom, Zucchini, Peppers, Corn & Homemade Guacamole

SANDWICHES

ADD CRISPS 3.- OR SALAD 6.-

MAKE YOUR OWN SANDWICH

(Prices vary)

Choose your own ingredients

VEGAN ANTIPASTI

9.50

Homemade Hummus, Eggplant, Zucchini, Roasted Peppers & Sun-dried Tomatoes

TOMATO BURATA PESTO

9.50

Homemade Pesto, Tomatoes, Burata & Rocket

CHORIZO

9.50

Chorizo, Brie & Homemade Caramelized Onion

SWEETS

Make sure to check out our vitrine for Homemade options

(Prices vary)

ESSEN

SUPPE

SUPPE DER WOCHE

11.00

SALATE

GREEK SALAD

15.50

Gurken, Tomate, Gelbe Paprika, Rübenwurzel, Oliven, Feta, Pita Croutons, Olivenöl & Essig

QUINOA SALAD

20.50

Tricolore Quinoa, Schwarze Bohnen, Süßkartoffel, Gelb Paprika, Geröstete Paprika, Rote Zwiebel, Feta Käse, Koriander, Mango, Avocado, Mais & Chipotle Vinaigrette

BURRITOS

BREAKFAST BURRITO

11.50

Rührei, Schwarze Bohnenpüree, käse & Pico de Gallo
+Avocado 2.- /+Chorizo 2.50/+Speck 2.50

PULLED PORK BURRITO

19.00

Reis, Bohnen, Salsa, Sauer Rahm, Cheddar, Käse & Guacamole

VEGGIE BURRITO

19.00

Reis, Bohnen, Salsa, Sauer Rahm, Cheddar Käse, Pilze, Zucchini, Paprika, Mais & Homemade Guacamole

SANDWICHES

ADD CRIPS 3.- OR SALAD +6.-

SANDWICH À LA CARTE

(Preise Variieren)

Wählen Sie ihre Eigenen Zutaten

VEGAN ANTIPASTI

9.50

Homemade Hummus, Aubergine, Zucchini, Gerostete Paprika & Sonnengetrocknete Tomate

TOMATO BURATA PESTO

9.50

Homemade Pesto, Tomate, Burata & Rucula

CHORIZO

9.50

Chorizo, Brie & Homemade Karamellisierte Zwiebeln

SÜßIGKEITEN

Schauen Sie unsere Vitrine für tägliche Optionen zu erhalten.

(Preise Variieren)